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**FRONT COVER:**

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# Foreword

Nowadays there are really few individuals who take the time to produce a budget. A few individuals don't see the value in doing so; others merely have no desire to restrict their spending habits.

With this in mind, it should surprise no one that the number of individual bankruptcies has achieved an all time high. Individuals have reached a point in our society where they purchase on impulse with no idea of the consequences.

In order to overturn this trend, individuals need to become more responsible with their patterns of spending. Among the best tools to help an person achieve this behavior is a budget.

## ***Budget And Organization Plans For The Recession***

Survive And Thrive Even If Times Are Bad

# Chapter 1:

## *Set Your Priorities*

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### Synopsis

You ought to understand how to prioritize your fiscal goals so that you'll remain pleased and financially stable as you become older.

This doesn't imply that you don't think about the future of your youngsters but you're simply setting your financial priorities in order to make sure that things don't fall apart financially.

It's so essential to arrange your financial priorities in life as this might help secure your financial future. Too much tension may come from mismanaged funds. A few people might make errors in setting their financial priorities like saving more for their youngsters college education and a lesser for their retirement.



## **Arrange Correctly**

Set an sum monthly for food, water and shelter as these are your elementary requirements. You have to think about buying assorted healthy foods and try to avoid useless snacks that are unhealthy.

You as well need to do your best in your current job as it's your source of revenue to pay for your utility bills, household mortgage or rent, and groceries. This is where you begin setting your priorities in order.

Some people are so frugal with their groceries, they disregard their health requirements just to buy expensive gadgets or vacations. Observe that taking to heart your own daily needs is your duty and priority to prevent falling behind the rent or house mortgage, utilities and additional crucial matters for well-being especially if you have a family.

Occasionally this could cause some tension in the family as they all have different views when it comes to money management. Some people want to spend most of the cash and aren't afraid of debt while the others prefer to save something for an emergency.

Be a great role model to your children as they think highly of you as a parent and set the example of good financial practices.

Pay off your charge plate debt if you have any. Paying-off the charge plate with the highest interest rate then followed by the ones with lower interest rate is the best thing that you may do in order to wipe

out your entire charge plate debt. Buy things or goods with cash as much as possible and control your spending habits along the way.

Make sure you save adequate cash for your emergency fund especially when all of your charge plate debt is paid-off. This is very crucial in case of a job loss or other major out of the blue things that may happen to you or anyone in your family.

Avoid the enticement of buying things that you are able to simply live without and focus on establishing your emergency savings.

Step-up your retirement savings if you already have enough cash savings for your emergency fund. Attempt to preserve 15%-20% of your salary for retirement.

Make use of free training opportunities. Attending free seminars and trainings to advance your knowledge is a really great investment for your future. Setting career goals in life is truly crucial as the job market is highly competitive.

Revise or update your will to make sure that your wishes are secure and executed. You need to have estate planning regardless how little your estate is.

Some people will just assume that their assets and possessions will mechanically pass to their family but without a legal will, the State may intervene and allocate your property or estate.

Assess your insurance coverage. Check whether your automobile and homeowner policies are updated and their deductibles are fair. You may seek life insurance especially if you're the head of the family

working full-time. You might likewise consider buying long-term-care insurance, to aid you in paying for nursing care or assisted-living when you become old.





# Chapter 2:

## *The Difference Between Wants And Needs*

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### Synopsis

If you boil it down, arriving at a financial decision with our cash comes down to needing something against wanting something. There's some of the times a very fine line and some of the times it's very obvious, but one thing is for certain: we all have assorted opinions on what is a need and what is a want.



## **Understand This**

A lot of individuals may agree that clothing is a need, but I bet really few would agree on the place where you purchase that clothing constitutes a need or a want. I'll bet that you cannot find 8 different individuals that all agree on the essence of a need or a want. It's pretty visible that food is a need, but it's not really obvious whether or not purchasing organic food from Whole Foods is a need.

So, what is a need?

I specify a need as any item that you can't physically live without to have a safe and secure life. Shelter, general utilities, apparel, food, and transportation are all common needs.

Once again, I believe we'd all agree on this part. I believe we'd in addition to that all agree that paying for cable will fall under the "want" category. However, issues arise inside these "needs" classes where you'll discover a lot of disagreement among individuals.

How much is a bit much?

A great example of debating over "how much is a bit much" is the size of a home. How much is a bit much house? There's plainly no correct or incorrect answer to that question, but once again, it all comes down to your heart.

We establish these huge castles for ourselves and a couple of youngsters, and we only wind up utilizing half of the house. There's nothing wrong with getting the means to pay for a big home and doing so, however is it a need? It's likely not, unless you have

nineteen youngsters. I recently saw a young couple with one baby. I considered their driveway and they had an Avalanche and an Expedition. Perhaps they were planning on having a huge family someday, but most individuals would agree that they didn't "need" those immense automobiles. They aren't doing anything wrong by getting them if they are able to afford them, however they definitely don't require those cars to meet their transportation needs.

Establishing wealth comes down to identifying needs and wants and holding up those wants until you are able to really afford them. You might need a home for your loved ones, but you likely don't require a 3,000 square foot home.

Delaying that want for a big home with a gourmet kitchen, outside fireplace, pool, and 3-car garage is among the big keys to establishing wealth. My personal vice is gizmos.

I'm obsessed with getting the latest technology from PCs, to LCD TVs, to home sound systems. I want it all. However, for the most part, I delay several my wants, as I understand that getting out of debt is more crucial, and I'll have more cash to buy my wants later on.

If you are able to master this one self discipline of delaying the quick satisfaction of purchasing your wants to achieve your other financial goals, you'll wind up a really wealthy person in your retirement years.

# Chapter 3:

## *Get The Spending Under Control*

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### Synopsis

Have a look at non-monthly bills, like automobile insurance, vehicle registration... choose between needs and wants. List as many of these bills as you're able to identify over a 12-month period. List it all out.



## **Get A Handle On It**

- Employ the "one-twelfth" rule, where you place aside funds for these essential expenses monthly, so as to limit their impact once payments come due.
- Next, focus on where you are able to spend less cash without depriving yourself.
- What wasteful or indulgent practices may you cut back on? (Taxicab rides when you're able to walk, expensive lunches.)
- Do you shop for things you don't require?
- Are you paying a bit much for services like automobile insurance, cable or cell telephone service?
- Do you have idle memberships (e.g. gym) that you're still paying for (and might sell)?

It's simple to distinguish between the 2 if you go by a textbook definition. But in reality, the distinction is hard and has been getting narrower over the preceding few years.

Nowadays, a automobile has become an emotional need in spite of the existence of an effective public transport system. The need for an automobile has transformed from a status symbol to a luxury to a

basic necessity now. The same system of logic applies to food. From home food to a fast food joint, today purchasers expect a fine dining experience and not simply good food. This ambience comes at a premium and people simply don't mind paying for it.

The reality is, wants are inexhaustible and frequently the lines between needs and wants get clouded. Therefore, one needs to get into self-contemplation before giving into the urge to splurge.

Let's assume a family of 4 spends \$8,000 on food, \$25,000 on shelter, \$20,000 on education and \$10,000 on transportation. Now figure out the difference between your outlay and earnings.

All you have to do is to write the principal price list and the cost of living in your city and compare the areas to give you a honest picture.

If you need a cell because you've a field job, it's a need. But if you insist on the latest gizmo which you are able to really afford, it's a want. That was a simple pick.

But it gets hard if you have to trade off an washing machine for a refrigerator or substitute a radio with a home theatre-com-music system. .. Consider it!

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